

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 7/16/2013	(3) CONTACT/PHONE Cindy Collins, ASM, 788-2932 Amy Olson, ASO II, 781-4729	
(4) SUBJECT Request to approve a renewal contract (Clerk's File) with County Office of Education for Fiscal Year (FY) 2013-14 in the amount not to exceed \$200,000 to provide outpatient drug-free substance abuse treatment services to students enrolled in Sober School programs.			
(5) RECOMMENDED ACTION It is recommended that the Board approve and direct the Chairperson to sign a renewal contract with the County Office of Education (COE) for FY 2013-14 in the amount not to exceed \$200,000 to provide outpatient drug-free substance abuse treatment services to students enrolled in Sober School programs.			
(6) FUNDING SOURCE(S) State	(7) CURRENT YEAR FINANCIAL IMPACT \$200,000.00	(8) ANNUAL FINANCIAL IMPACT \$200,000.00	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. ____) <input type="checkbox"/> Board Business (Time Est. ____)			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) N/A		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5th's Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP No	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A Date: <u>10-16-2012</u>	
(17) ADMINISTRATIVE OFFICE REVIEW Reviewed by Leslie Brown			
(18) SUPERVISOR DISTRICT(S) All Districts -			

County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director
Karen Baylor, Ph.D., MFT, Behavioral Health Administrator

DATE: 7/16/2013

SUBJECT: Request to approve a renewal contract (Clerk's File) with County Office of Education for Fiscal Year (FY) 2013-14 in the amount not to exceed \$200,000 to provide outpatient drug-free substance abuse treatment services to students enrolled in Sober School programs.

RECOMMENDATION

It is recommended that the Board approve and direct the Chairperson to sign a renewal contract with the County Office of Education (COE) for FY 2013-14 in the amount not to exceed \$200,000 to provide outpatient drug-free substance abuse treatment services to students enrolled in Sober School programs.

DISCUSSION

The Sober School program is a volunteer program and assists students who have been identified to have drug and/or alcohol abuse issues which is interfering with their ability to receive an education. Students are given the opportunity to become sober in an environment where they can go at their own pace and not feel overwhelmed by managing their sobriety, which can be an obstacle in traditional schools filled with triggers to relapse. Sober School is a 6-hour a day treatment program for youth committed to remaining clean and sober. The program provides classes coupled with outpatient drug-free treatment services in five different community schools throughout the County: Sober Community School, Loma Vista Community School and Loma Vista Sober School, Chalk Mountain Community School, and Mesa View Community School.

Students can either request to be placed in the program or be referred by school staff, Probation staff, Juvenile Court officials, family members, or County Behavioral Health. The acceptable age of students for the program is 14 to 18. Services will be extended to approximately 250 students during the course of the fiscal year. Each student enters the program on a 30-day probationary period and then commits to at least one semester in the program and agrees to regular and random drug testing.

The Sober School is both a school and a drug and alcohol treatment program. Within the Sober School program students attend daily group sessions that help build the social and emotional skills critical to maintaining a sober lifestyle. An emphasis is placed on building a community of young adults committed to the goals of the program and creating an environment of positive peer support. COE Drug and Alcohol counselors work under the supervision of a full-time therapist who is onsite the entire school day to conduct counseling sessions with students and work with their families. The outpatient drug-free treatment services offered to students and their families include assessment, treatment plan development, collateral services, group and individual counseling, discharge planning, medication evaluation, medication education and training, and crisis intervention services. Students also receive a comprehensive and challenging academic program as well as outdoor education activities to foster and maintain healthy lifestyles. The classroom teacher works prudently with the treatment program to prepare students to transition successfully to their local high schools, vocational programs, colleges, or employment.

OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has reviewed and approved the contract as to form and legal effect.

FINANCIAL CONSIDERATIONS

The FY 2013-14 Adopted Budget includes \$200,000 for the provision of this contract for the delivery of providing outpatient drug-free substance abuse treatment services to students enrolled in Sober School programs. The contract is in the amount not to exceed \$200,000 for the aforementioned services which are reimbursable through Drug Medi-Cal. The County will retain an allowable 10% administrative fee to facilitate the Drug Medi-Cal program. COE will be responsible for all unreimbursed costs of all services to students who do not meet medical necessity and/or Drug Medi-Cal standards.

RESULTS

The primary goal of this collaborative effort is to help students maintain sobriety, improve school attendance, and make adequate progress toward a High School diploma while receiving an appropriate education. A pre- and post-survey conducted late spring 2013 of 62 students receiving services measured progress toward sobriety, school attendance improvement, and progress toward a high school diploma. To measure progress toward sobriety, the Substance Abuse Subtle Screening Inventory for Adolescents (SASSI-A) was used. First year results can be summed as follows:

- Fifty-two (52) students receiving services for more than 45 days showed a 58% drop in alcohol use and a 19.8% drop in drug use.
- Twelve (12) students receiving the more intensive day treatment sober school program showed 100% drops in alcohol and drug use. It should be noted that these extreme results indicate these 12 students have a much higher lifetime drug use history, which is consistent with the necessity for the more intensive treatment.
- Sober school students had an average attendance rate of 94% during FY 2012-13, as opposed to an average community school attendance rate of 69%.
- Eighty-five percent (85%) of students made adequate progress toward a high school diploma, earning at least 2 school credits per week.

The outpatient drug-free substance abuse treatment services provided under this contract with COE are part of a larger continuum of care that aims to improve the quality of life of those served. By providing the most appropriate services to the students, the probability of positive treatment outcomes is increased. Furthermore, positive treatment outcomes contribute to the County's vision of a healthy and safe community.

ATTACHMENTS

1. Clerk's Filed Cover Sheet for County Office of Education Sober Schools FY 13-14 Contract Renewal